



Full Day Camp Schedule 2018

8:30 am	Check-in / Drop Off
8:45 am	Warm-up
9:15 am	Technical Session (Passing/receiving/shooting/heading/etc.)
10:30 am	Small sided games
11:15 am	Lunch/Rest Break
1:15 pm	Return to field
1:30 pm	Warm - up
1:45 pm	Technical Session (Passing/receiving/shooting/heading/etc.)
2:15 pm	Soccer Olympics/Dutch Tournament
3:15 pm	Pool
4:30 pm	Pick - up